

MOH Talk

Vascular medicine – a scientific preview on the ESVM congress in Milan

Together with the presidents of the ESVM, Professor Mazzolai and Professor Madaric, high quality speakers provided a preview into the exciting program of the ESVM .



„The reason why we have to talk about vascular medicine is that the burden of vascular diseases is underestimated and very high, and on top growing worldwide as the population ages.“ Professor L. Mazzolai

The pre ESVM session touched a lot of topics, such as:

- Nutrition plays a key role in vascular patients and that Mediterranean diet is a way to go.
- Lipedema and lymphedema are underdiagnosed und underestimated diseases, on top being two different and independent diseases. There' s a long way to get the appropriate diagnoses, however we have some promising tools that we can elaborate on.
- Vascular malformations are frequent, diagnosis need to be well done using proper classification. Unfortunately, there is no gold standard in treatment but a panel of intervention and pharmacological treatments for these patients.
- Fitness level of PAD patients is very low, the choice of interventional treatment becomes crucial. Endovascular treatment is becoming the first choice in many of these patients.
- In the management of asymptomatic carotid artery stenosis, past medical treatment has improved, but not everybody is able or following it. With the interventional treatments we can still improve these patients.
- PAD is highly prevalent, still not too often diagnosed, we have to make an effort in order to achieve the best medical treatment and to prevent cardiovascular events in these patients with an appropriate diagnosis and treatment afterwards.

These topics will be discussed in more depth in Milan, 12-14 October 2023, furthermore you can expect: A focus on carotid arteries, diabetes microcirculation, venous diseases, basic science and peripheral arterial diseases. Keynote speakers talk about vascular disease in gender and sex. Congress day 2 starts with an expert's breakfast where unmet needs in PAD are discussed, lymphatics, lymphedema, lipedema are also in focus. Best abstract communication is held during the free communication sessions, furthermore cardiovascular risk in vascular patients as well as antithrombotics in vascular diseases and venous thromboembolism are discussed. On top, 2 sessions on rare vascular diseases and malformations are organized by the young vascular physicians.

“I look forward to meeting all of you at our ESVM congress in Milan. Our common effort is to build strong angiology in Europe with the highest clinical and scientific standards.” Prof J. Madaric, President of the ESVM.



Visit the [congress website of the ESVM 2023](#)
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